



Caroline

Place

A Community WITH Heart,

IN THE **HEART** OF HAMILTON



Caroline Place

Retirement Residence

 caroline-place.com



Table of Contents

Our Mission 3

Floor Plans..... 4 - 6

Suite Rental Rates 7

What’s Included..... 8

What’s in the Neighbourhood 9

Foundation of Stability 10

Health & Wellness..... 11

Food for Thought 12 - 13

Fun and Friendship 14

Reference Material 15



Our Mission

At Caroline Place Retirement Community we treat our residents as we would like to be treated ourselves, by providing accommodation and delivering services that exceed expectations.

Come home to Caroline Place, a gracious and supportive retirement residence in the heart of Hamilton, Ontario. Here, every day is filled with fun and friendship. Enjoy delicious chef-prepared meals, discover your artistic side, or entertain your family members in the comfort of your spacious new home. Enjoy all of the things Downtown Hamilton has to offer. Go shopping, have lunch with friends, or visit Hamilton's Farmer's Market and library - they are all just steps away.

At Caroline Place you can live as actively and freely as you want, knowing that we are available if the need arises.

CHECK OUT OUR WEBSITE TO TAKE A **Google 360°** TOUR!





Studio Suites *Floor Plan*



4 Options for you to choose from, sizes ranging from 340 - 485 sq. ft.

- Kitchens include full sized fridge, dishwasher, microwave and cook top.
- Phone, Cable and Internet service included.
- In-suite Climate Control Heat/Air Conditioning.



[Click Here to Explore
The London](#)
by taking a Virtual Tour

[Click Here to Explore
The Cambridge](#)
by taking a Virtual Tour

[Click Here to Explore
The Kingston](#)
by taking a Virtual Tour

*Actual suite size and layout may vary. Furniture not included.



One-Bedroom Suites *Floor Plan*



Windsor 535 - 545 sq. ft.

- Kitchens include full sized fridge, dishwasher, microwave and cook top.
- Phone, Cable and Internet service included.
- In-suite Climate Control Heat/Air Conditioning.



*Click Here to Explore
The Windsor
by taking a Virtual Tour*

*Actual suite size and layout may vary. Furniture not included.



Two-Bedroom Suites *Floor Plan*



Hamilton 750 sq. ft.

- Kitchens include full sized fridge, dishwasher, microwave and cook top.
- Phone, Cable and Internet service included.
- In-suite Climate Control Heat/Air Conditioning.
- Ensuite Bathrooms.



Click Here to Explore
The Hamilton
by taking a Virtual Tour

*Actual suite size and layout may vary. Furniture not included.



Suite Rental Rates

	Square Footage	Monthly Rate
STUDIO	340 - 485 sq.ft.	\$3,550 - \$4,450
ONE BEDROOM	535 - 545 sq.ft.	\$4,995
TWO BEDROOM	750 sq.ft.	\$5,595

Additional Services:

Second Occupant	\$800.00/month
Telephone (Long-Distance Policy in Effect)	Included
Cable	Included
Internet (Basic)	Included
Laundry Services	\$22.00/load
Storage Locker	\$115.00/month
Medication Administration (Basic)	\$200.00/month
Extra Care Services (Bathing, Dressing, Toileting)	\$35.00/Hour
Full-Service Breakfast	\$90.00/month
Foot Care	\$40.00/service
Emergency Response Unit & Pendent	\$30.00/month

Pricing subject to change.



**COST
COMPARISON
WORKSHEET**

[Click Here to Download](#)



What's Included

- Heat, Hydro, Water, Landscaping, Snow Removal, Property Taxes and HST.
- Continental Breakfast and 2 Served Meals Daily.
- Snacks, Coffee, Tea, Juice available 24 hours.
- Weekly Housekeeping and Laundering of Towels and Bed Linens.
- Access To Lounges, Secure Courtyard Garden, Multipurpose Room, Fitness Centre & More!
- Healthcare Monitoring.
- Private washrooms with built in safety features.
- Kitchens with full sized refrigerators, dishwasher & cooktop.
- Microwave and plenty of cabinet space.
- In-suite Climate Control Heat/Air Conditioning.
- Social, Spiritual And Fitness Programs.
- Shuttle Bus For Outings And Appointments
- Window Treatments included with each suite.
- Cable Television, Telephone And Internet.
- Access To Foot Care, Dental Care, Healthcare Provider, Physiotherapy Services.
- Fall Prevention Programs.

OPTIONAL SERVICES

- 24 Hour Personal Emergency Response
- Portering
- Bathing Assistance
- Daily Reminders
- Safety Checks
- Housekeeping Services
- Personal Laundry
- Diabetic Management
- Treatment Services
- Personalized Concierge Services
- Beauty Salon
- Barber
- Spa Services
- Guest Meals





What's in the Neighbourhood?

A Home with Heart in the Heart of the City...

- Restaurants and Shopping
- Art Gallery
- Hamilton Place – Music and Entertainment
- Hamilton Farmers Market
- Central Library
- Hamilton Philharmonic Orchestra
- City Hall
- Jackson Square
- Dundurn Castle
- Whitehern Museum
- Transportation
- FirstOntario Centre
- Churches



... and more all within Walking Distance!



Foundation of Stability

DID YOU KNOW?

You might think that a 4 legged stool would be easy to make steady, but the truth is that a 3-legged stool can never wobble.



At Caroline Place, our strength and our stability are also based on all 3.



ACTIVITIES

Activities for seniors not only contribute to a healthy lifestyle, but they also lead to enriching friendships and true happiness. Do as much or as little as you would like. You are invited to join our fitness classes, activities, trip, classes and fun... but if you have other plans, that's great too. Enjoy life your way.



DINING

Our freshly prepared meals come direct from our kitchens to you, based on your choice from our specially curated menu. Given the options, why would anyone want to do the shopping, prep work, cooking and serving? Let us cater to you.



CARE

When you need or want some assistance, we'll be there for you. As your circumstances change, our flexible care plans can increase or decrease in order to make sure we are meeting your needs. Our health and wellness team are committed to providing the very best of care with consistency, compassion and respect.



Health & Wellness

We realize that receiving the best support when you need it contributes greatly to your continued comfort and wellbeing.

Let our professional team help you feel more secure as you enjoy the many health care and supportive choices available to you each day.



Our goal is to provide flexible and attentive care that suits your unique circumstances.

We are happy to welcome your private care providers into the residence but can also offer those same services by our compassionate in-house team.

Medication management can be handled professionally and easily. We look after everything, including ordering your medications and it gives the extra benefit of having a face-to-face check in multiple times a day.

We are happy to discuss any specific needs you may have as we understand that care and support need to be tailored to each individual.





Great Food! Great Friends!

Our Dining Room has an inviting setting, pleasant ambiance and a tempting, nutritious selection of freshly prepared meals. With full service in our Dining Room, you can just sit back and enjoy your meal!

Our chef prepares wonderful entrees, hearty soups, fresh salads and vegetables, and tasty treats to make each day's dining a pleasure. At Caroline Place, healthy meals are always our main concern.



Our chef is always adding new and exciting options to the menu while ensuring there is plenty of vegetarian options and good old comfort food. Our Chinese food days are always a hit!



Our dining service includes:

- Two nutritious, well-balanced meals prepared daily
- Self serve, continental breakfast
- Special diet accommodations
- Full service entrees at lunch and dinner to suit various tastes and diets
- Snacks, coffee, tea and fruit available every day in our 24-hour cafe
- Chicken Pot Pie, Beef Pie and other familiar comfort foods are part of our rotating "always available" menu if the day's choices do not appeal to you.

Plus, you'll never have to eat alone. You can dine with your friends each day, and guest dining is available at all meals, so your family can join you anytime.



Weekly Menu AT A GLANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p>LUNCH</p> <p>CHICKEN NOODLE SOUP</p> <hr/> <p>SALMON FRITTATA</p> <hr/> <p>DELI SANDWICH</p> <p>DINNER</p> <p>BEEF LIVER WITH ONIONS</p> <hr/> <p>CABBAGE ROLLS</p> <hr/> <p>MASHED POTATOES</p> <hr/> <p>CARROTS AND BEAN BLEND</p> <hr/> <p>BUTTERNUT SQUASH</p> <hr/> <p>HAMBURGER PATTY W/ GRAVY</p> <hr/> <p>CHOCOLATE MOUSSE</p>	<p>LUNCH</p> <p>BUTTERNUT SQUASH WITH GINGER SOUP</p> <hr/> <p>CHICKEN MUSHROOM AND SPINACH TORTELLINI</p> <hr/> <p>DELI SANDWICH</p> <p>DINNER</p> <p>HOUSE MADE MEATBALLS WITH CREAMY MUSHROOMS</p> <hr/> <p>BREADED SOLE</p> <hr/> <p>HERBED RICE</p> <hr/> <p>ITALIAN BLEND VEGETABLES</p> <hr/> <p>DICED BEETS</p> <hr/> <p>HAMBURGER PATTY W/ GRAVY</p> <hr/> <p>LEMON PUDDING</p>	<p>LUNCH</p> <p>FRENCH CANADIAN PEA SOUP</p> <hr/> <p>PORK TOURTIERE PIE</p> <hr/> <p>SPICED POTATO WEDGES</p> <hr/> <p>DELI SANDWICH</p> <p>DINNER</p> <p>SEASONED CHICKEN LEGS</p> <hr/> <p>SAUSAGE AND PEPPERS</p> <hr/> <p>DICED COUNTRY POTATOES</p> <hr/> <p>CALIFORNIA BLEND VEGETABLES</p> <hr/> <p>BUTTERED PEAS</p> <hr/> <p>HAMBURGER PATTY W/ GRAVY</p> <hr/> <p>ICE CREAM SUNDAE</p>	<p>LUNCH</p> <p>RED LENTIL SOUP</p> <hr/> <p>MACARONI AND CHEESE CASSEROLE</p> <hr/> <p>DELI SANDWICH</p> <p>DINNER</p> <p>SPINACH CHEESE MANICOTTI</p> <hr/> <p>PORK CUTLET</p> <hr/> <p>SWEET POTATO</p> <hr/> <p>GREEN BEANS</p> <hr/> <p>DICED CARROTS</p> <hr/> <p>HAMBURGER PATTY W/ GRAVY</p> <hr/> <p>CHOCOLATE ECLAIRS</p>



Fun and Friendship

Our activity programs are designed to focus on the health of residents' body, mind and spirit.

Think what life would be like if you had a variety of opportunities each day to stay active! You could take an energetic fitness class or stretch and strengthen with our in-house physiotherapy classes.



Our monthly Seniors Activity Calendar is designed to keep you involved and immersed in fun and friendship. As a member of our Caroline Place family, you will be encouraged to share your thoughts and ideas on what activities you would like to see added to our current suite of offerings.



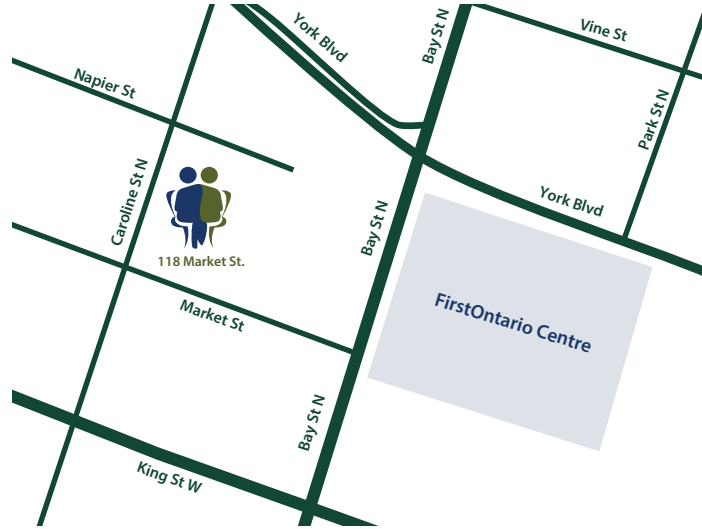
Relax with a good book next to the fire in our cozy living room or surf the Internet on the computer.

Take time to enjoy music, accentuate your artistic talents in our craft classes, participate in our Java music club or hone your card, bingo and board game skills at our recreation programs.

Enjoy the versatile entertainers who bring their many talents to our home. Participate in our Town Hall meetings and entertain your friends and family in our charming café. As well as in-house activities, our residents can take part in shopping trips and planned outings.

A *Community* WITH Heart,

IN THE **HEART** OF HAMILTON



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LIVE
LOVE
LEV A SENSE
OF HOME.

Managed by

**LEV
SENIOR
LIVING™**



Caroline Place
Retirement Residence