

# Exactly the right place



## A Guide to Assisted Living Services at Shepherd Terrace

**SHEPHERD VILLAGE**   
A Caring Christian Seniors' Community



## Assisted Living at Shepherd Terrace Retirement Residence

Shepherd Terrace, located within the Shepherd Village senior living campus, is an accredited retirement residence that offers two types of accommodation choices: retirement living & assisted living.

At Shepherd Terrace, we believe that, no matter what an individual's healthcare and personal support requirements, they should have the opportunity to live each day to its fullest. That's why we created our Assisted Living option - a lifestyle that combines comfortable and attractive surroundings with the additional security afforded by extensive personal support and care options.

### What is Assisted Living?

The term "Assisted Living" was coined more than 20 years ago to describe services that go beyond simply hospitality (meals, housekeeping). It refers to the addition of services for "activities of daily living" that aid an individual in continuing to enjoy life by providing things such as assistance with bathing and grooming, medication administration, and other basic activities. "Assisted Living" fills a gap between independent living, and a true care home where the focus is largely on healthcare services. It is an ideal option for many people.



## Included in Shepherd Terrace's Assisted Living Program:

- A choice of studio or one-bedroom suite, each of which includes a kitchenette, heat/AC and WIFI
- Professional on-site management
- Three professionally prepared meals, breakfast, lunch, dinner
- Tea, coffee & snacks
- Weekly housekeeping and daily suite tidy
- Bed linens & towels
- Laundry of towels & linens
- Personal Laundry
- Social and recreation programming that includes events, entertainment and outings
- Membership to onsite Fitness Centre
- Weekly bathing or showering assistance
- Access to physician
- Access to a menu of a la carte options to customize the service package



Chapel



Dining Room

## Amenities at Shepherd Terrace and Shepherd Village

- Extensive outdoor gardens and paths
- Computer lounge with Internet access
- Pool table, shuffle board and mini putt
- Onsite church and Christian-based church services (also broadcast through closed circuit)
- Pastoral care and visiting pastor service
- Arts and crafts room with programming
- Fitness Centre
- Spa and Hair Salon
- Restaurant and Café
- Pharmacy
- Convenience Store and ATM
- Indoor salt water swimming pool
- WiFi in common areas
- Laundry facilities
- Parking

## The Village neighbourhood:

When you want to explore beyond the Village, you'll find a bustling neighbourhood packed with stores, restaurants and community centres – all easily accessible by foot, car or public transit.

We're beside the **Agincourt Mall** and **Agincourt District Library**, south of the **Tam O'Shanter Golf Course** and near the **Stephen Leacock Community Centre** and **Scarborough Grace Hospital**.



Garden



Shepherd Terrace Retirement Residence

## Lifestyle and care choices for everyone:

Shepherd Manor Seniors Apartments

Shepherd Gardens Life Lease Suites

Shepherd Terrace Retirement Residence,  
offering independent and Assisted Living services

Shepherd Lodge Long Term Care Centre

3760 Sheppard Ave E, Toronto

(416) 609-5700

[www.shepherdvillage.org](http://www.shepherdvillage.org)

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