

# Find it all at Glynnwood





## Why Revera?

We are Canada's recognized leader in senior living for more than 55 years. We're more than senior care – we are a great place to live. Our lively, vibrant and welcoming residences will make you feel right at home. You are unique and deserve to enjoy life on your terms. That's why we are committed to combatting ageism through our Age is More program and the Revera and Reel Youth Age is More Film Project. And, with our \$20 million-dollar Innovation Fund, we are investing in innovations designed to make life better for seniors. At Revera, it's about living, not aging.

# A residence as vibrant as you

Set on six acres, with pond-side paths, colourful gardens and picturesque views, the luxurious Glynnwood combines the inviting charm of a country estate with modern amenities—right in the heart of Thornhill.

## Suite Options

- Choose from spacious and bright studio, 1 and 2-bedroom suites, with deluxe options including walk-outs, balconies and solariums, kitchenettes, and select services for independent and assisted living.
- Short-term, guest and respite stays available.
- Have a furry friend? Pets love it here, too.

## Things to Enjoy

- Savour delicious, freshly prepared meals in our full-service dining room, with private area for intimate gatherings with family and friends.
- Practice your swing on our putting green, or get creative at our arts and craft classes.
- Refresh your body and mind with fitness classes and more in our fitness room.
- Catch some rays on our stunning outdoor patios, with views of the pond.
- Find a cozy nook in our club lounge and book-lined library, then explore our ever-changing art gallery.

## Health and Wellness

- Receive tailored, personalized care that lets you age-in-place.
- Assisted living care options include help with daily activities.

# What's Nearby

## What's the neighbourhood like?

Set in an affluent Thornhill enclave, Glynnwood offers nearby shopping, dining, health-care services and a serene country-like setting.



**Bus Stop**  
0.2 km



**Coffee Shop**  
0.4 km



**Park**  
0.3 km



**Bank**  
0.5 km



**Library**  
0.3 km



**Grocery Store**  
0.4 km



**Hospital**  
9.3 km



**Pharmacy**  
0.3 km



# Dining

## The food's great. And so is the service.

Fresh ingredients. Meals made from scratch. Plenty of choice. Made fresh daily, our food is nutritious and delicious – and served up with a smile. That's what good taste is all about.

### **Good Food, Great Company**

Eating is one of life's greatest joys. But it's more than good food. Here, it's about sharing a moment with friends, and receiving the royal treatment from our team of professional servers.

### **Where to eat today?**

Fresh food is best, especially when it's cooked up by our culinary experts. Our seasonal, locally inspired menus offer great flavour and variety. It's food that's good, and good for you.



# Recreation

## Do more of what you love and less of what you don't.

Life is all about balance, and how you spend your time has a big impact on your happiness. Whether it's physical benefits of staying active, or the mental boost from feeling intellectually and emotionally stimulated, an active life is a healthy one.



**Intellectual**



**Emotional**



**Spiritual**



**Social**



**Physical**



**Community Engagement**

That's why our recreational programs are focused on providing a holistic approach to your overall well-being, so you can do the things you love every day and lead a full, enriched life.



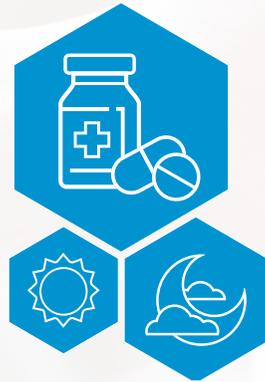
## It's not about the chart it's about the person.

You feel good when you feel like yourself. That's the foundation of health and wellness. It's personal, and we're here to help make it happen.

### **Every story is different. What's yours?**

You have your own wants and needs. We take the time to learn about them from the person who knows them best – you. Rather than making decisions for you, we're your partner in health and wellness. Together, we'll come up with a personalized health and wellness plan designed just for you. We'll sit down and have a talk about your goals and how we can help you reach them, both now and in the future.

Health and wellness are two of life's essentials. Our LiveWell™ Plan is all about making you feel your best, now and tomorrow. So you can keep being you.





Morning  
Routine



Personal  
Care



Dining



Medications



Mobility



Bathing



Accessibility



Evening  
Ritual

# There's even more to explore

We're excited to show you what makes us different, and to learn what makes you unique. Because attention to detail and a personal relationship is what it all comes down to. Otherwise, it's not home. For you or for us.

Just as every resident is unique, the same goes for our overall approach to retirement residences. We encourage you to explore other Revera locations to see what might work best for you.

[reveraliving.com](http://reveraliving.com)



[AgeIsMore.com](http://AgeIsMore.com)

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